Resources and Activities for Children and Families in the Lower Naugatuck Valley
Local Resources

Valley Council for Health and Human Services Youth Resource Guide - Categories include arts, sports, volunteering, community health, education, faith-based, summer, youth-based organizations/groups. http://valleycouncil.org/youth-committee/naugatuck-valley-youth-resources/

Griffin Health Active Valley CT - Valley area resources and safety tips. Categories include: walk, run & hike, paved or off-road biking, open play, ball sports, water activities, winter sports and other resources. https://nvcog.maps.arcgis.com/apps/MapSeries/index.html?appid=59bedc716bbd496d8e7d064fecacddf4

Ansonia Public Library
https://www.ansonialibrary.org/

Derby Neck Library
https://derbynecklibrary.org/

Derby Public Library
https://derbypubliclibrary.org/

Oxford Public Library
http://www.oxfordlib.org/

Shelton: Plumb Memorial, Huntington
https://sheltonlibrarysystem.org/

Seymour Public Library
https://www.seymourpubliclibrary.org/

CT United Way 2-1-1 - Connects callers, at no cost, to critical health and human services in their community. If you're unable to find a service, please dial 2-1-1 for assistance. www.211ct.org

Emergency Mobile Psychiatric Services (EMPS) - Deliver a range of crisis response and crisis stabilization services to children, youth, their families and caregivers including children residing in relative, adoptive and foster care homes. Telephone Number: 2-1-1

Coronavirus Specific Information

Naugatuck Valley Health District - http://www.nvhd.org

The National Center for Disease Control - https://www.cdc.gov/


Resources for Parents, Educators & School Communities Related to COVID-19, Inside SEL - https://insidesel.com/2020/03/12/covid-19/

Parenting Tips


Learn how to handle common parenting challenges for all ages through interactive activities, videos and more from the Center for Disease Control [https://www.cdc.gov/parents/](https://www.cdc.gov/parents/)

**Parent Toolkit** - Provides parents with a comprehensive guide to helping their children succeed in school and life, whether they're just starting out in pre-school or preparing their college applications. It is produced by NBC News Learn and supported by Pearson. [www.parenttoolkit.com](http://www.parenttoolkit.com)

**National Education Association** - Resource provided to parents to help ensure their child receives the best possible education. [http://parents.nea.org/](http://parents.nea.org/)

On-line Information and Activities for Kids and Families

**NASA Stem Resources** - Activities and resources for students and teachers. All grade levels. [https://www.nasa.gov/stem/forstudents/9-12/index.html](https://www.nasa.gov/stem/forstudents/9-12/index.html)

**National Geographic Website for Kids** - Games, Videos, Animals, Explore, ages 6-14. [https://kids.nationalgeographic.com/](https://kids.nationalgeographic.com/)

**Google virtual tours of museums and places.** [https://artsandculture.google.com/?hl=en](https://artsandculture.google.com/?hl=en)

**Reviews of Movies, TV, Aps & Games, What Parents Need to Know, Research** - Much free information, some subscription costs. [https://www.commonsensemedia.org/](https://www.commonsensemedia.org/)

**TED-Ed is TED's Youth and Education Initiative** - TED-Ed’s mission is to spark and celebrate the ideas of teachers and students around the world. [https://ed.ted.com/](https://ed.ted.com/)


**Khan Academy** - A non-profit organization, offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. [https://www.khanacademy.org/](https://www.khanacademy.org/)
Brought to you by BHcare

BHcare is a regional nonprofit organization that provides a comprehensive and integrated system of care for adults, children and families who are struggling with mental health issues, substance use issues, or domestic violence.

BHcare Ansonia: (203) 800-7177

BHcare Branford: (203) 800-7177

Parent Child Resource Center: (203) 954-0543

The Umbrella Center for Domestic Violence Services (203) 736-9944

HOPE Family Justice Center (203) 800-7204

Alliance for Prevention and Wellness (203) 736-8566

BHcare.org
Facebook.com/CTBHcare
Facebook.com/parentchildresourcecenter
Twitter.com/CTBHcare